

Buddha said; an idea that is developed and put into action is more important than an idea that exists only as an idea.

Our move to North Phoenix was necessary because the rental center that was our home was sold. We are fortunate to have acquired this space. We hope our new facility will strengthen our sense of community. Our move came with a heavy price tag.

We're asking you to help us Bridge Emaho's financial gap. We're requesting you become a monthly Emaho Benefactor. We're aiming high and hoping for a minimum of 108 benefactors by the end of September. We're kicking off the campaign today at lunch. Please come meet your board members, ask questions and sign up in the front lobby.

Did you know China is undermining Tibetan culture, its language, Buddhism itself, changing the Tibetan landscape, endangering the ecosystem, displacing nomads, sterilizing Tibetan women, denying basic health care, education and freedom of expression? Tibetans are forced into patriotic re-education. Monks and nuns are in prison like conditions deprived of the opportunity to study and practice in peace. Torturous repercussions and often death follows those who are caught carrying a photo of His Holiness.

So why should Tibet matter? It matters because of the suffering of its people and animals. It matters because the world would suffer if the unbroken lineage of Tibetan Buddhism and the Tibetan culture becomes extinct. This unique culture based on the concepts of wisdom, compassion and inter-dependence are valuable teachings for not only for the Tibetan people and those of us who study Tibetan Buddhism, but also people at large, including the Chinese. As aspiring Bodhisattvas to not to help is unbearable.

So how do we help? Rinpoche gives guidance and hope to in the people in the ZaGonsar Tehor Tibetan regions for which he is responsible. Despite numerous obstacles, Rinpoche never gives up. He stays ever vigilant that proposed change does not damage the culture, language and the natural environment of the Tibetan plateau which is linked to the well-being of the whole of Asia. Emaho supports Tibetan artists and craftsman as well as teaches Tibetan crafts, culture and language through a variety of programs. Come join us at Emaho Center September 22, for Year of the water dragon, a night under the Tibetan Sky. Rinpoche will unveil his ZaGonsar Tehor Community Project; a 25 year plan leading to the area's self-sufficiency; keeping the Tibetan culture intact as well as rebuilding numerous architectural structures of historical importance. Emaho is putting the idea into action.

Shantideva

May the frightened cease to be afraid
And those bound be freed;
May the powerless find power,
And may people think of benefiting each other.

Did you know 29% of Arizona households with children experience food hardship, which is defined as not having enough money to buy food? Arizona is tied with Louisiana for the 4th worst food hardship rate for households with children in the country. Approximately 1 in 5 Phoenix residents live below the poverty line. The Department of Economic Security in Maricopa County reported 4,251 people live in Permanent Supported Housing, 7,555 live in shelters, and 2,587 are unsheltered, living on the streets. Among those in shelters: 1 in 3 is children. The numbers are rising.

So, why should these statistics matter? They matter because people in our own backyards, neighbors and their children go to bed hungry. As aspiring Bodhisattvas to not help is unbearable.

So how do we help? Every time you come to Emaho we ask you bring a non-perishable food item. Bi-monthly we take donations to the Desert Mission Food Bank. We seek to quickly expand our efforts making significant differences in our community. Emaho is putting the idea into action.

Shantideva

For sentient beings, poor and destitute,
May I become a treasure ever plentiful,
And lie before them closely in their reach,
A varied source of all that they might need.

Did you know stress is linked to the six leading causes of death: heart disease, cancer, lung ailments, accidents, cirrhosis, and suicide? 80% of workers feel stress on the job and nearly half say they need help in learning how to manage it? Depression is among the leading causes of disability worldwide.

So why do these facts matter? They matter because people are suffering. As aspiring Bodhisattvas to not to help is unbearable.

So how do we help? Rinpoche and Geshe tirelessly provide multiple opportunities for any who wish to meditate, who want to gather tools for cultivating the mind, and want to learn to not struggle over the struggle. Emaho is putting the idea into action.

Shantideva

May no living creature suffer,
Commit evil, or ever fall ill.
May no one be afraid or belittled,
With a mind weighed down by depression.

Emaho has a threefold mission; to help preserve and share Tibetan culture, support humanitarian projects and assist with spiritual development. Rinpoche our kind teacher, founder and director of Emaho recognized these three as areas of need. He saw how we can help. Emaho is putting the idea into action.

Emaho's move drained our resources. We're asking for your financial support.

Your tax deductible annual pledge, regardless of size, will have great impact. We're suggesting \$30.00 a month, \$1.00 a day. Your contribution of \$5, \$10, \$100 or more we welcome with heartfelt thanks and gratitude. Without your help Emaho cannot survive.

Please Bridge the Gap. Each week until the end of September we'll follow our progress on the web and here at the center.

We're using the Tibetan story, The Four Harmonious Friends, to lead Emaho's Bridge the Gap Campaign. The four symbolize cooperation. Your pledge to Emaho carries your cooperation in becoming more invested with your Sangha, taking responsibility for our continued success, putting the idea into action. The story can be read on line or in the greeting room.

Please become an Emaho Benefactor.. After the campaign concludes at the end of September we'll call a community meeting to inform you of our financial status and report on long range plans.

Shantideva

May the poor find wealth,
Those weak with sorrow find joy;
May the forlorn find hope,
Constant happiness, and prosperity.

For as long as space remains,
For as long as sentient beings remain,
Until then may I too remain
To dispel the miseries of the world.